

Deaconess Illinois Medical Center



Monday 9-Mar	Tuesday 10-Mar	Wednesday 11-Mar	Thursday 12-Mar	Friday 13-Mar
MEATLESS				HOOK & HARBOUR



Breakfast Pizza	Hashbrown Casserole	Loaded Tots	Breakfast Burritos	French Toast sandwich with Bacon Egg and cheese
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Entrées	Eggplant Parm	Flank Steak	Meatloaf	Fried Pork Chops	Fish w/hushpuppies
	Spaghetti and meatballs	Chicken Marsala	Chicken Dumpling	beef stroganoff	Sloppy Jo
Vegetables	Vegetable Mix	Grilled Asparagus	Fried Cabbage	Spinach	Sweet Potato Fries
	Brussel Sprouts	Broccoli w/cheese	Southern Style Green Beans	Yellow Squash with tomatoes	Corn on the Cob
Starch	Cheesy Garlic bread	Herb Rice	Mash Potatoes	Au Gratin Potatoes	Pasta Salad
	Corn	Buttered Noodles	Mac & Cheese	Buttered Noodles	Baked Beans



Pizza	Fried Items	Dessert Pizza	Cheeseburgers	Grilled Chicken w/Swiss
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Closed	Closed	Closed	Closed	Fruit Nacho's
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