



Monday 30-Mar	Tuesday 31-Mar	Wednesday 1-Apr	Thursday 2-Apr	Friday 3-Apr
<b>MEATLESS</b>				<b>HOOK &amp; HARBOUR</b>

<b>SAVOR AM</b>		grilled english muffin with double egg and cheese	loaded breakfast burrito	cinnamon roll breakfast sandwich	breakfast casserole / breakfast hash	lemon ricotta pancakes
<b>SAVOR</b>	<b>Entrées</b>	Stuffed Cheese Lasagna	Cumin Roasted Chicken Quarters	salmon cakes with lemon aioli	chicken marsala with a light mushroom jus	fish 'n' chips
		Pan Seared Chicken Parmesan	Bourbon Glazed Ribs	tender pork loin filled with spinach, apples, dried berries and roasted nuts	slow roasted pot roast with a light pan gravy	open faced chicken cordon bleu
	<b>Vegetables</b>	roasted broccoli with a medley of bell peppers	fresh vegetable medley with rosemary	flash fried yellow squash sprinkled with a breadcrumb gratin	orange scented asparagus with pine nuts	country green beans
		braised mushrooms drizzled with balsamic & fresh herbs	corn succotash	spring kale and vegetable saute	cilantro lime roasted vegetables	broccoli au gratin
	<b>Starch</b>	savory roasted ranch potatoes	sweet baked beans	salted vinegar roasted potatoes	yukon gold smashed potatoes	hushpuppies
		vegetable couscous	mexican style rice	garlic & herb scented pasta	garden rice pilaf	roasted potatoes
		dessert pizza	smoked pork quesadilla	cuban grilled cheese	beef burrito	pizza
<b>CHEF'S TABLE</b>		pineapple fried cauliflower rice bowl	closed	closed	closed	shrimp po boys